


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>July cont'd</b> <span style="float:right">30</span></p> <p>7:30 ★ Church Transportation</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga</p> <p>1:30 🟩 Sunday Afternoon Bingo</p> <p>2:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 ★ Vespers with Ventura Baptist</p> <p>6:00 🎬 "Classic Night" at the Movies</p>	<p><span style="float:right">31</span></p> <p>8:00 ♥ Dr. Transportation - Ventura/Oxnard (8-11am)</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>2:15 ♥ NEW! Alignment for Health with Joyce</p> <p>3:00 🦋 Chicken Salad Tea Sandwich Social</p> <p>3:30 🎬 The Cookie Challenge Baking Class</p> <p>6:00 🎬 Monday Night Movie</p>	<p style="text-align:center">   <b>CYPRESS PLACE</b>            SENIOR LIVING         </p>	<p>📷 Be Adventurous</p> <p>🚩 Be Challenged</p> <p>🗨️ Be Connected</p> <p>👥 Be Family</p> <p>★ Be Inspired</p> <p>🦋 Be Social</p> <p>♥ Be Well</p>			<p><span style="float:right">1</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>10:00 🟩 Yahtzee in the Activity Room</p> <p>1:00 🦋 Card Games with Friends (1:00-2:00)</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Root Beer Floats Social</p> <p>5:30 🎬 Saturday Night Cards!</p>
<p><span style="float:right">2</span></p> <p>7:30 ★ Church Transportation</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga</p> <p>1:30 🟩 Sunday Afternoon Bingo</p> <p>2:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 ★ Vespers with Ventura Baptist</p> <p>6:00 🎬 PBS Video - Destination America, Part 2 with Ice Cream</p>	<p><b>RESIDENT COUNCIL MEETING</b> <span style="float:right">3</span></p> <p>8:00 ♥ Dr. Transportation - Ventura/Oxnard (8-11am)</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>9:30 🟩 Basic Spanish Conversation Class with Hermen Ramos</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>12:30 🎬 Resident Council Meeting</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>2:15 ♥ NEW! Alignment for Health with Joyce</p> <p>3:00 🦋 "All American" Cupcakes Social</p> <p>3:30 🟩 Double Bucks Patriotic Bingo!</p> <p>6:00 🎬 Monday Night Movie</p>	<p><b>INDEPENDENCE DAY!</b> <span style="float:right">4</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>10:00 ★ Communion w/Chaplain Virgil</p> <p>10:00 🟩 Happy Tracks Walking Club</p> <p>10:30 🎬 PBS Video - Destination America, Part 3</p> <p>1:00 🟩 Double Bucks Spite and Malice Card Game</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>2:30 🦋 Ice Cream Sundae Bar with Apple Pie Social</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>Dementia 101 Support Group</b> <span style="float:right">5</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>9:00 ♥ Hair Salon (9am - 1pm)</p> <p>9:15 🟩 Banking Business</p> <p>9:30 🎬 Dementia 101 Support Group</p> <p>10:00 🎬 PBS Video - Destination America, Part 4</p> <p>2:30 🟩 Bingo in the Afternoon with Kathy</p> <p>3:00 🦋 Vegies &amp; Dip Social</p> <p>6:00 🎬 Wednesday Nite @ the Movies</p>	<p><span style="float:right">6</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>10:00 🦋 Cypress Bunco Group!</p> <p>12:30 🦋 Shopping at Green Thumb</p> <p>1:30 ★ Tunes &amp; Trivia w/Mary Z Wilson</p> <p>1:30 🦋 NEW! Happy Tracks Walking Club</p> <p>2:30 🎬 Happy Hour with Mark Rosen &amp; Celebrating July Birthdays!</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>HAPPY BIRTHDAY COOKIE BARSKEY!</b> <span style="float:right">7</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>9:15 ★ Catholic Communion</p> <p>10:00 ♥ LIVE Exercise with Michelle</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Jello Social</p> <p>6:00 🎬 Friday Nite @ the Movies</p>	<p><span style="float:right">8</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>10:00 🟩 Yahtzee in the Activity Room</p> <p>1:00 🦋 Card Games with Friends (1:00-2:00)</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Root Beer Floats Social</p> <p>5:30 🎬 Saturday Night Cards!</p>
<p><span style="float:right">9</span></p> <p>7:30 ★ Church Transportation</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga</p> <p>1:30 🟩 Sunday Afternoon Bingo</p> <p>2:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 ★ Vespers with Ventura Baptist</p> <p>6:00 🎬 "Classic Night" at the Movies</p>	<p><span style="float:right">10</span></p> <p>8:00 ♥ Dr. Transportation - Ventura/Oxnard (8-11am)</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>1:00 🎬 Sassafras Creek Bluegrass Group!</p> <p>2:15 ♥ NEW! Alignment for Health with Joyce</p> <p>3:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 🟩 Monday Afternoon Bingo</p> <p>6:00 🎬 Monday Night Movie</p>	<p><span style="float:right">11</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>9:30 ♥ Braille Institute Low Vision Consult (9:30-11)</p> <p>10:00 ★ Bible Study w/Chaplain Virgil</p> <p>10:00 🟩 Happy Tracks Walking Club</p> <p>10:30 🟩 "On This Day" Word Challenge</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>1:00 🟩 Spite and Malice Card Game</p> <p>2:15 ★ "Summer Vacation" with Mary Z</p> <p>3:00 🦋 Warm Apple Pie Social</p> <p>3:30 🟩 "Family Feud" Trivia Tuesday</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>AMTRAK RIDE TO SANTA BARBARA MEDI-TECH TODAY</b> <span style="float:right">12</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>9:00 ♥ Hair Salon (9am - 1pm)</p> <p>9:15 🟩 Banking Business</p> <p>9:30 📷 Amtrak Ride and Lunch Outing!</p> <p>10:00 ♥ Medi-Tech Wellness Clinic</p> <p>2:30 🟩 Bingo in the Afternoon with Kathy</p> <p>3:00 🦋 Vegies &amp; Dip Social</p> <p>6:00 🎬 Wednesday Nite @ the Movies</p>	<p><b>Fireside Chat with Steve Spira</b> <span style="float:right">13</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>10:15 🦋 Shopping at CVS</p> <p>1:00 🎬 Fireside Chat with Steve Spira</p> <p>1:30 🦋 NEW! Happy Tracks Walking Club</p> <p>2:30 🎬 Happy Hour with Bill Carter</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>CRAFT CLASS TODAY</b> <span style="float:right">14</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>9:15 ★ Catholic Communion</p> <p>10:00 ♥ LIVE Exercise with Michelle</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>1:00 📷 Making Crafts for Theme Dinner!</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Fudge Brownie Social</p> <p>6:00 🎬 Friday Nite @ the Movies</p>	<p><b>BINGO STORE TODAY!</b> <span style="float:right">15</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>10:30 🎬 Bingo Store!</p> <p>1:00 🦋 Card Games with Friends (1:00-2:00)</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Root Beer Floats Social</p> <p>5:30 🎬 Saturday Night Cards!</p>
<p><span style="float:right">16</span></p> <p>7:30 ★ Church Transportation</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga</p> <p>1:30 🟩 Sunday Afternoon Bingo</p> <p>2:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 ★ Vespers with Ventura Baptist</p> <p>6:00 🎬 "Classic Night" at the Movies</p>	<p><b>Swing into the 30's with Dick Dodd HAPPY BIRTHDAY WALLY SCHWAN!</b> <span style="float:right">17</span></p> <p>8:00 ♥ Dr. Transportation - Ventura/Oxnard (8-11am)</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>2:15 ♥ NEW! Alignment for Health with Joyce</p> <p>3:00 🦋 Cucumber Tea Sandwich Social</p> <p>3:30 🎬 Swing Into the 30's - An Hour of Nostalgia with Dick Dodd</p> <p>6:00 🎬 Monday Night Movie</p>	<p><b>PODIATRIST VISIT TODAY "Lemon &amp; Lime It's Summertime!" Theme Dinner &amp; Entertainment</b> <span style="float:right">18</span></p> <p>8:00 ♥ Lifeline Screening 8am-4pm</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>10:00 ★ Bible Study w/Chaplain Virgil</p> <p>10:00 🟩 Happy Tracks Walking Club</p> <p>1:00 🎬 Podiatrist in the Salon</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>1:00 🟩 Spite and Malice Card Game</p> <p>2:15 ★ "James Cagney Bio" w/ Mary Z. Wilson</p> <p>3:00 🦋 Warm Apple Pie Social</p> <p>4:30 🎬 "Lemon &amp; Lime It's Summertime!" Theme Dinner with Special Entertainment by Sympatico</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>Dementia 101 Support Group</b> <span style="float:right">19</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>9:00 ♥ Hair Salon (9am - 1pm)</p> <p>9:15 🟩 Banking Business</p> <p>9:30 🎬 Dementia 101 Support Group</p> <p>12:45 📷 Scenic Drive - Rincon</p> <p>2:30 🟩 Bingo in the Afternoon with Kathy</p> <p>3:00 🦋 Vegies &amp; Dip Social</p> <p>6:00 🎬 Wednesday Nite @ the Movies</p>	<p><b>Resident Planning Meeting</b> <span style="float:right">20</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>10:00 🦋 Cypress Bunco Group!</p> <p>12:30 🦋 Shopping at Walmart/Trader Joes</p> <p>1:00 🎬 Residents Activity Planning Meeting</p> <p>1:30 🦋 NEW! Happy Tracks Walking Club</p> <p>2:30 🎬 Happy Hour with Armando Cardoza</p> <p>5:30 ♥ Cards in the Library</p>	<p><b>PODIATRIST VISIT TODAY</b> <span style="float:right">21</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>9:15 ★ Catholic Communion</p> <p>10:00 ♥ LIVE Exercise with Michelle</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Mini Scones Social</p> <p>6:00 🎬 Friday Nite @ the Movies</p>	<p><span style="float:right">22</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>10:00 🟩 Yahtzee in the Activity Room</p> <p>1:00 🦋 Card Games with Friends (1:00-2:00)</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Root Beer Floats Social</p> <p>5:30 🎬 Saturday Night Cards!</p>
<p><span style="float:right">23</span></p> <p>7:30 ★ Church Transportation</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga</p> <p>1:30 🟩 Sunday Afternoon Bingo</p> <p>2:00 🦋 Cheese &amp; Crackers Social</p> <p>3:30 ★ Vespers with Ventura Baptist</p> <p>6:00 🎬 "Classic Night" at the Movies</p>	<p><span style="float:right">24</span></p> <p>8:00 ♥ Dr. Transportation - Ventura/Oxnard (8-11am)</p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>1:00 🟩 Visiting Bunco Buddies Group</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>1:00 🟩 Jenga Game</p> <p>1:30 🎬 Sassafras Creek Bluegrass Group!</p> <p>2:15 ♥ NEW! Alignment for Health with Joyce</p> <p>3:00 🦋 Mini Muffin Social</p> <p>3:30 🟩 Monday Afternoon Bingo</p> <p>6:00 🎬 Monday Night Movie</p>	<p><span style="float:right">25</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>10:00 ★ Bible Study w/Chaplain Virgil</p> <p>10:00 🟩 Happy Tracks Walking Club</p> <p>10:30 ★ Percussion Instruments with Lorie Sunshine!</p> <p>1:00 ♥ Dr. Transportation - Ventura/Oxnard (1-3 pm)</p> <p>1:00 🟩 Spite and Malice Card Game</p> <p>2:15 ★ "Amelia Earhart" with Mary Z</p> <p>3:00 🦋 Warm Apple Pie Social</p> <p>3:30 🟩 "Family Feud" Trivia Tuesday</p> <p>5:30 ♥ Cards in the Library</p>	<p><span style="float:right">26</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>9:00 ♥ Hair Salon (9am - 1pm)</p> <p>9:15 🟩 Banking Business</p> <p>9:30 🟩 Acoustic Hearing</p> <p>10:00 🎬 Scenic Drive - Father Serra Cross</p> <p>2:30 🟩 Bingo in the Afternoon with Kathy</p> <p>3:00 🦋 Vegies &amp; Dip Social</p> <p>6:00 🎬 Wednesday Nite @ the Movies</p>	<p><span style="float:right">27</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga!</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>10:15 🦋 Shopping at Goodwill</p> <p>1:30 🦋 NEW! Happy Tracks Walking Club</p> <p>2:30 🎬 Happy Hour with Sam &amp; Chuck</p> <p>3:30 ★ Painting with Vino!</p> <p>5:30 ♥ Cards in the Library</p>	<p><span style="float:right">28</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Hair Salon (9am-1pm)</p> <p>9:00 ♥ Balance &amp; Strength Exercise</p> <p>9:15 ★ Catholic Communion</p> <p>10:00 ♥ LIVE Exercise with Michelle</p> <p>10:45 🟩 Senior Sports Bean Bag Toss</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Lemon Cake Social</p> <p>6:00 🎬 Friday Nite @ the Movies</p>	<p><span style="float:right">29</span></p> <p>8:15 ♥ Fitnessize</p> <p>9:00 ♥ Morning Yoga For Seniors</p> <p>10:00 🟩 Yahtzee in the Activity Room</p> <p>1:00 🦋 Card Games with Friends (1:00-2:00)</p> <p>2:30 🟩 Bingo in the Afternoon</p> <p>3:00 🦋 Root Beer Floats Social</p> <p>5:30 🎬 Saturday Night Cards!</p>