

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>December cont'd 30</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 6:00 Sunday Night Classics:</p>	<p>Happy Birthday Bill Gamble! 31</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>EXPERTS IN SENIOR LIVING CYPRESS PLACE SENIOR LIVING</p>	<p>Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p>			<p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>2</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 6:00 Sunday Night Classics: "Shag"</p>	<p>3</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>4</p> <p>9:00 Banking Business 10:00 Communion w/ Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Poker Group Deals! 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Harmony Community Association 6:00 Scrabble with Friends</p>	<p>Blood Pressure Health Check 5 HAIR/NAIL SALON OPEN</p> <p>9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Exploring Community~Drive to Downtown Ventura 2:00 Blood Pressure Health Check 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Ross 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:</p>	<p>Happy Birthday Roberta "Bobbie" Schoenherr!! 6</p> <p>10:00 Cypress Bunco Group! 10:15 Painting & Mimosas 10:15 Shopping at Walmart and Trader Joe's! 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>7</p> <p>9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Juliette 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with Bob Bishop 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>8</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 9:00 Computer Club 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 11:00 Computer Club 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>9</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 6:00 Sunday Night Classics:</p>	<p>10</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:00 Cardio Chair Dance 10:30 Crafting with Juliette 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>11</p> <p>9:00 Banking Business 9:30 Braille Institute Low Vision Consult 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Scrabble with Friends</p>	<p>HAIR/NAIL SALON OPEN 12 Happy Birthday Marge Sherman!</p> <p>9:00 Double Six Dominoes With Wayne & Gene 10:00 Medi-Tech Wellness Clinic 10:30 Balance & Strength Exercise 1:00 Exploring Community~Drive to Carpinteria 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Dollar Tree 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn:</p>	<p>Watercolor Artist, Rosemary Takeda Teaches Today! 13</p> <p>9:30 Watercolor Class with Rosemary Takeda 10:00 Cypress Bunco Group! 10:15 Shopping at CVS 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>Happy Birthday Jennie Helten & Marvin Jentz! 14</p> <p>9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:30 Live Exercise with Juliette 11:15 New Resident Luncheon 1:00 Bingo with Juliette 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with David Gilchrist! 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>15</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>16</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 6:00 Sunday Night Classics:</p>	<p>CYPRESS BINGO STORE 17</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:00 Cardio Chair Dance 10:30 Ventura Choralliers Perform 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 3:30 Cypress Bingo Store 6:30 Mexican Train Dominoes with Helen</p>	<p>18</p> <p>9:00 Banking Business 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Cypress Men's Club - What did you do on the outside? 3:00 Poker Group Deals! 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Scrabble with Friends</p>	<p>HAIR/NAIL SALON OPEN 19</p> <p>9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Tuesday Morning 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:</p>	<p>Happy Birthday Bob Barker! Thirsty Thursday Today! Wear your Ugly Christmas Sweater! 20</p> <p>10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 10:15 Shopping at 99 Cent Store 10:15 Shopping at Target! 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 3:00 Shopping at Ralphs & CVS 3:30 Thirsty Thursday 5:30 Christmas Tree Lane Outing 6:30 Hand & Foot Game</p>	<p>21</p> <p>9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:30 Live Exercise with Juliette 11:15 December Birthday Luncheon 1:00 Bingo with Juliette 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with Mark Rosen! 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>Happy Birthday Irv Wasserberg, Wait Bragulla & Hank Morris! 22</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>23</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 6:00 Sunday Night Classics:</p>	<p>24</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>25</p> <p>9:00 Banking Business 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>HAIR/NAIL SALON OPEN 26</p> <p>9:00 Double Six Dominoes With Wayne & Gene 9:30 Acoustic Hearing 10:30 Balance & Strength Exercise 1:00 Exploring Community~Drive to 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Ventura Gateway Plaza 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn:</p>	<p>Supper Club Dinner Outing 27</p> <p>9:30 Acoustic Hearing 10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 10:15 Shopping at 99 Cent Store 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>28</p> <p>9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:45 Mr. Fitness Exercise 1:00 Bingo with Hollie 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 6:30 Balance & Strength Exercise 6:30 Holiday Party with The Dynamic Duo 7:00 Friday Movie Night</p>	<p>29</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>

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