

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

- HAPPY NEW YEAR!** **1**
- Rose Bowl Parade & Rosebowl Tailgate Party!**
- 8:00 Rose Bowl Parade
 - 9:00 Banking Business
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 Rose Bowl Tailgate Party!
 - 2:00 Fireside Social & Snacks
 - 2:30 Sing-along with Kay
 - 6:00 Scrabble with Friends

- Blood Pressure Health Check** **2**
- HAIR/NAIL SALON OPEN**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 10:30 Balance & Strength Exercise
 - 1:00 Exploring Community~Drive along PCH!
 - 2:00 Blood Pressure Health Check
 - 2:00 Fireside Social & Snacks
 - 2:30 Bingo with Juliette
 - 3:00 Shopping at Target!
 - 6:00 Scrabble with Friends
 - 7:00 Mid-week Movie with Popcorn: "Curly Sue"

- Cypress Bunco Group!** **3**
- Do It Yourself Painting & Projects**
- 10:00 Cypress Bunco Group!
 - 10:00 Do It Yourself Painting & Projects
 - 10:15 Shopping at Walmart and Trader Joe's!
 - 1:00 Dr. Transportation - Oxnard (1:00-3:00)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary
 - 2:30 A Day at the Opera
 - 6:30 Hand & Foot Game

- Double Six Dominoes** **4**
- With Wayne & Gene**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 9:15 Catholic Communion
 - 10:45 Live Exercise with Juliette
 - 1:00 Bingo with Gene!
 - 1:00 Bridge with Friends
 - 2:30 Let's Play Ping Pong!
 - 3:30 Happy Hour with Armando Cardoza
 - 6:30 Balance & Strength Exercise
 - 7:00 Friday Movie Night: "Dumplin'"

- 3rd Floor Walk** **5**
- Around**
- 9:00 3rd Floor Walk Around
 - 9:00 Coffee & Newspapers in Bistro
 - 10:00 Play Cards with Friends
 - 10:45 Osteo Stretch and Strength
 - 1:00 Bingo with Hollie
 - 2:00 Fireside Social & Snacks
 - 5:30 Wii Game Party
 - 7:00 Residents Choice Movie Night

- Church Transportation** **6**
- 7:30 Church Transportation
 - 9:00 Coffee & Sunday Funnies
 - 10:00 Play Scrabble with Friends
 - 10:30 Mr. Fitness Exercise
 - 1:00 Brain Games on Netflix
 - 2:00 Fireside Social & Snacks
 - 2:00 Let's Play Ping Pong!
 - 3:00 Ventura Jubilee Fellowship (Same Team - New Name)
 - 3:30 Wii Sports
 - 6:00 Hand & Foot Game
 - 6:00 Sunday Night Classics: "Casablanca"

- Dr. Transportation - Ventura** **7**
- (8-11am)**
- 8:00 Dr. Transportation - Ventura (8-11am)
 - 9:00 Double Six Dominoes With Wayne & Gene
 - 10:00 Spanish Class with Señor Ramos
 - 10:30 Cardio Chair Dance
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln
 - 3:15 Hand & Foot Game
 - 6:30 Mexican Train Dominoes with Helen

- Happy Birthday Edward Meares & Mary Ann Jentz!** **8**
- 9:00 Banking Business
 - 9:30 Braille Institute Low Vision Consult
 - 10:00 Bible Study w/Chaplain Virgil
 - 10:30 It's BUNCO Time!
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 2:00 Fireside Social & Snacks
 - 2:00 Mr. Fitness Exercise
 - 2:30 Sing-along with Kay
 - 3:00 Poker Group Deals!
 - 3:30 Stretch and Strength with Mary Z Wilson!
 - 6:00 Scrabble with Friends

- HAIR/NAIL SALON OPEN** **9**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 10:00 Medi-Tech Wellness Clinic
 - 10:30 Balance & Strength Exercise
 - 11:30 Exploring Community~Drive to In n Out for Lunch!
 - 2:00 Fireside Social & Snacks
 - 2:30 Bingo with Juliette
 - 3:00 Shopping at Pier One, Kohl's, and Barnes & Noble
 - 6:00 Scrabble with Friends
 - 6:00 Toastmaster's Org
 - 7:00 Mid-week Movie with Popcorn:

- Cypress Bunco Group!** **10**
- Painting & Mimosas**
- 10:00 Cypress Bunco Group!
 - 10:15 Painting & Mimosas
 - 10:15 Shopping at 99 Cent Store
 - 1:00 Dr. Transportation - Oxnard (1:00-3:00)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary
 - 2:30 A Day at the Opera
 - 6:30 Hand & Foot Game

- Double Six Dominoes** **11**
- With Wayne & Gene**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 9:15 Catholic Communion
 - 10:45 Live Exercise with Juliette
 - 11:15 New Resident Luncheon
 - 1:00 Bingo with Gene!
 - 1:00 Bridge with Friends
 - 2:30 Let's Play Ping Pong!
 - 3:30 Happy Hour with Gemini
 - 6:30 Balance & Strength Exercise
 - 7:00 Friday Movie Night

- 3rd Floor Walk** **12**
- Around**
- 9:00 3rd Floor Walk Around
 - 9:00 Coffee & Newspapers in Bistro
 - 9:00 Computer Club
 - 10:00 Play Cards with Friends
 - 10:45 Osteo Stretch and Strength
 - 1:00 Bingo with Hollie
 - 2:00 Fireside Social & Snacks
 - 5:30 Wii Game Party
 - 7:00 Residents Choice Movie Night

- Happy Birthday Jim Barrett!** **13**
- 7:30 Church Transportation
 - 9:00 Coffee & Sunday Funnies
 - 10:00 Play Scrabble with Friends
 - 10:30 Mr. Fitness Exercise
 - 1:00 Brain Games on Netflix
 - 2:00 Fireside Social & Snacks
 - 2:00 Let's Play Ping Pong!
 - 3:00 Ventura Jubilee Fellowship (Same Team - New Name)
 - 3:30 Wii Sports
 - 6:00 Hand & Foot Game
 - 6:00 Sunday Night Classics:

- Happy Birthday Florence Sklarz!** **14**
- 8:00 Dr. Transportation - Ventura (8-11am)
 - 9:00 Double Six Dominoes With Wayne & Gene
 - 10:00 Spanish Class with Señor Ramos
 - 10:30 Cardio Chair Dance
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln
 - 3:15 Hand & Foot Game
 - 6:30 Mexican Train Dominoes with Helen

- Happy Birthday Jean Rowe!** **15**
- Men's Club Meets Today!**
- 9:00 Banking Business
 - 10:00 Bible Study w/Chaplain Virgil
 - 10:30 Mr. Fitness Exercise
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 it's BUNCO time!
 - 2:00 Fireside Social & Snacks
 - 2:30 Sing-along with Kay
 - 3:00 Cypress Men's Club - What did you do on the outside?
 - 3:00 Poker Group Deals!
 - 3:30 Stretch and Strength with Mary Z Wilson!
 - 6:00 Scrabble with Friends

- HAIR/NAIL SALON OPEN** **16**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 10:30 Balance & Strength Exercise
 - 1:00 Exploring Community~Drive along Hwy 33
 - 2:00 Fireside Social & Snacks
 - 2:30 Bingo with Juliette
 - 3:00 Shopping at Target!
 - 6:00 Scrabble with Friends
 - 7:00 Mid-week Movie with Popcorn:

- THIRSTY THURSDAY!** **17**
- Watercolor Artist, Rosemary Takeda Teaches Today!**
- 9:30 Watercolor with Rosemary Takeda
 - 10:00 Cypress Bunco Group!
 - 10:15 Shopping at Target!
 - 1:00 Dr. Transportation - Oxnard (1:00-3:00)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary
 - 2:30 A Day at the Opera
 - 3:30 Thirsty Thursday Surprise Cocktail of the day
 - 6:30 Hand & Foot Game

- Double Six Dominoes** **18**
- With Wayne & Gene**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 9:15 Catholic Communion
 - 10:45 Live Exercise with Juliette
 - 11:15 January Birthday Luncheon
 - 1:00 Bingo with Gene!
 - 1:00 Bridge with Friends
 - 2:30 Let's Play Ping Pong!
 - 3:30 Happy Hour Resident's Gathering
 - 6:30 Balance & Strength Exercise
 - 7:00 Friday Movie Night

- 3rd Floor Walk** **19**
- Around**
- 9:00 3rd Floor Walk Around
 - 9:00 Coffee & Newspapers in Bistro
 - 10:00 Play Cards with Friends
 - 10:45 Osteo Stretch and Strength
 - 1:00 Bingo with Hollie
 - 2:00 Fireside Social & Snacks
 - 5:30 Wii Game Party
 - 7:00 Residents Choice Movie Night

- Church Transportation** **20**
- 7:30 Church Transportation
 - 9:00 Coffee & Sunday Funnies
 - 10:00 Play Scrabble with Friends
 - 10:30 Mr. Fitness Exercise
 - 1:00 Brain Games on Netflix
 - 2:00 Fireside Social & Snacks
 - 2:00 Let's Play Ping Pong!
 - 3:00 Ventura Jubilee Fellowship (Same Team - New Name)
 - 3:30 Wii Sports
 - 6:00 Hand & Foot Game
 - 6:00 Sunday Night Classics:

- Dr. Transportation - Ventura** **21**
- (8-11am)**
- 8:00 Dr. Transportation - Ventura (8-11am)
 - 9:00 Double Six Dominoes With Wayne & Gene
 - 10:00 Spanish Class with Señor Ramos
 - 10:30 Cardio Chair Dance
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln
 - 3:15 Hand & Foot Game
 - 6:30 Mexican Train Dominoes with Helen

- Banking Business** **22**
- Bible Study w/Chaplain Virgil**
- 9:00 Banking Business
 - 10:00 Bible Study w/Chaplain Virgil
 - 10:30 Mr. Fitness Exercise
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 it's BUNCO time!
 - 2:00 Fireside Social & Snacks
 - 2:30 Sing-along with Kay
 - 3:00 Poker Group Deals!
 - 3:30 Stretch and Strength with Mary Z Wilson!
 - 6:00 Scrabble with Friends

- HAIR/NAIL SALON OPEN** **23**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 9:30 Acoustic Hearing
 - 10:30 Balance & Strength Exercise
 - 1:00 Exploring Community~Drive to Michoacanita Ice Cream!
 - 2:00 Fireside Social & Snacks
 - 2:30 Bingo with Juliette
 - 3:00 Shopping at Michael's!
 - 6:00 Scrabble with Friends
 - 6:00 Toastmaster's Org
 - 7:00 Mid-week Movie with Popcorn:

- Fireside Chat with Steve Spira** **24**
- Supper Club Dinner Outing**
- Cypress Bunco Group!**
- 10:00 Cypress Bunco Group!
 - 10:00 Do It Yourself Painting & Projects
 - 10:15 Shopping at Walmart and Trader Joe's!
 - 1:00 Dr. Transportation - Oxnard (1:00-3:00)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary
 - 2:30 A Day at the Opera
 - 3:30 Fireside Chat with Steve Spira
 - 6:30 Hand & Foot Game

- Double Six Dominoes** **25**
- With Wayne & Gene**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 9:15 Catholic Communion
 - 10:45 Live Exercise with Juliette
 - 1:00 Bingo with Gene!
 - 1:00 Bridge with Friends
 - 2:30 Let's Play Ping Pong!
 - 3:30 Happy Hour with Paul Lenderman
 - 6:30 Balance & Strength Exercise
 - 7:00 Friday Movie Night

- 3rd Floor Walk** **26**
- Around**
- 9:00 3rd Floor Walk Around
 - 9:00 Coffee & Newspapers in Bistro
 - 10:00 Play Cards with Friends
 - 10:45 Osteo Stretch and Strength
 - 1:00 Bingo with Hollie
 - 2:00 Fireside Social & Snacks
 - 5:30 Wii Game Party
 - 7:00 Residents Choice Movie Night

- Church Transportation** **27**
- 7:30 Church Transportation
 - 9:00 Coffee & Sunday Funnies
 - 10:00 Play Scrabble with Friends
 - 10:30 Mr. Fitness Exercise
 - 1:00 Brain Games on Netflix
 - 2:00 Fireside Social & Snacks
 - 2:00 Let's Play Ping Pong!
 - 3:00 Ventura Jubilee Fellowship (Same Team - New Name)
 - 3:30 Wii Sports
 - 6:00 Hand & Foot Game
 - 6:00 Sunday Night Classics:

- HAPPY BIRTHDAY JACK HOWARD!** **28**
- 8:00 Dr. Transportation - Ventura (8-11am)
 - 9:00 Double Six Dominoes With Wayne & Gene
 - 10:00 Spanish Class with Señor Ramos
 - 10:30 Cardio Chair Dance
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln
 - 3:15 Hand & Foot Game
 - 6:30 Mexican Train Dominoes with Helen

- Bible Study w/Chaplain Virgil** **29**
- 10:00 Bible Study w/Chaplain Virgil
 - 10:30 Mr. Fitness Exercise
 - 1:00 Dr. Transportation - Ventura (1-3 pm)
 - 1:30 Town Hall ALL Staff Meeting
 - 1:30 it's BUNCO time!
 - 2:00 Fireside Social & Snacks
 - 2:30 Sing-along with Kay
 - 3:00 Banking Business
 - 3:00 Poker Group Deals!
 - 3:30 Stretch and Strength with Mary Z Wilson!
 - 6:00 Scrabble with Friends

- HAIR/NAIL SALON OPEN** **30**
- 9:00 Double Six Dominoes With Wayne & Gene
 - 10:30 Balance & Strength Exercise
 - 1:00 Exploring Community~See the Santa Paula Murals!
 - 2:00 Fireside Social & Snacks
 - 2:30 Bingo with Juliette
 - 3:00 Shopping at
 - 3:00 Shopping at Ventura Gateway Plaza
 - 6:00 Scrabble with Friends
 - 7:00 Mid-week Movie with Popcorn:

- Crafting with Juliette!** **31**
- Cypress Bunco Group!**
- 10:00 Cypress Bunco Group!
 - 10:15 Shopping at 99 Cent Store
 - 10:30 Crafting with Juliette
 - 1:00 Dr. Transportation - Oxnard (1:00-3:00)
 - 1:30 31 Card Game
 - 2:00 Fireside Social & Snacks
 - 2:00 Strength, Tone & Balance Exercise Class with Mary
 - 2:30 A Day at the Opera
 - 6:30 Hand & Foot Game

