





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<ul style="list-style-type: none"> <li> Be Adventurous</li> <li> Be Challenged</li> <li> Be Connected</li> <li> Be Family</li> <li> Be Inspired</li> <li> Be Social</li> <li> Be Well</li> </ul>				<p><b>Valentine Arts and Crafts</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:15  Catholic Communion</li> <li>10:30  Sing Along with Bill Carter</li> <li>10:30  <b>Wheel of Fortune with Grant!</b></li> <li>1:00  Valentine Arts and Crafts</li> <li>1:30  Poker with Dealer Grant!!</li> <li>3:00  Bistro Social and Snack</li> <li>3:00  Friday Bingo!</li> <li>5:45  Cards with Friends</li> <li>6:00  Friday Nite @ the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga For Seniors</li> <li>9:15  Yahtzee in the Library</li> <li>10:45  Bean Bag Toss</li> <li>3:00  Bingo with Hollie</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Saturday Night Cards!</li> </ul>
<p><b>Super Bowl Bash!</b></p> <ul style="list-style-type: none"> <li>7:30  Church Transportation</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga</li> <li>2:00  Bistro Social and Snack</li> <li>3:00  Ventura Jubilee Fellowship (Same Team - New Name)</li> <li>3:30  Super Bowl Bash</li> <li>5:45  Sunday Night Cards</li> </ul>	<ul style="list-style-type: none"> <li>8:00  Dr. Transportation - Ventura (8-11am)</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga!</li> <li>11:30  Women's Club Bunco!</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>3:00  Bingo with Cathie</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Cards with Friends</li> <li>6:00  Monday Night Movie</li> </ul>	<p><b>Sing Along with Paula Marie!</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:00  Banking Business</li> <li>10:00  Communion w/ Chaplain Virgil</li> <li>10:30  Sing Along with Paula Marie Jones</li> <li>10:30  We All Yell "Yahtzee!"</li> <li>12:30  Kings in the Corner Card Game</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>1:45  Wii Bowling</li> <li>2:15  Tunes &amp; Trivia w/ Mary Z. Wilson</li> <li>3:00  Tuesday Afternoon Poker!</li> <li>3:00  Warm Apple Pie Social</li> <li>3:30  Stretch and Strength with Mary Z Wilson!</li> <li>5:45  Cards with Friends</li> </ul>	<p><b>Community Drive to see Ventura Carvings</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Yoga For Seniors</li> <li>9:30  Just Add Color.....</li> <li>10:45  Bean Bag Toss!</li> <li>1:00  31 Card Game!</li> <li>1:00  Exploring Community~Drive to Ventura Carvings</li> <li>3:00  Bingo with Friends</li> <li>3:00  Shopping at TJ Maxx &amp; Nordstrom Rack</li> <li>3:00  Veggies &amp; Dip Social</li> <li>5:45  Cards with Friends</li> <li>7:00  Jeopardy &amp; Wheel of Fortune Watchers</li> </ul>	<p><b>Happy Hour &amp; Specialty Drink ~ Armando</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Hair &amp; Nail Salon Open Today</li> <li>9:00  Morning Yoga!</li> <li>10:00  Cypress Bunco Group!</li> <li>10:15  Shopping at Walmart and Trader Joe's!</li> <li>1:00  Dr. Transportation - Oxnard (1:00-3:00)</li> <li>1:00  Valentine's Day Card Making</li> <li>1:15  Wii Bowling</li> <li>2:30  Happy Hour &amp; Specialty Drink ~ Armando</li> <li>5:45  Spite &amp; Malice in the Library</li> </ul>	<p><b>Excursion to Heritage Square~ Tour &amp; Lunch</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:15  Catholic Communion</li> <li>10:00  Music with The Dreamers!</li> <li>10:30  Heritage Square Tour &amp; Lunch</li> <li>10:30  <b>Wheel of Fortune with Grant!</b></li> <li>1:30  Poker with Dealer Grant</li> <li>3:00  Bistro Social and Snack</li> <li>3:00  Friday Bingo!</li> <li>5:45  Cards with Friends</li> <li>6:00  Friday Nite @ the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Computer Club</li> <li>9:00  Morning Yoga For Seniors</li> <li>9:15  Yahtzee in the Library</li> <li>10:45  Bean Bag Toss</li> <li>3:00  Bingo with Hollie</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Saturday Night Cards!</li> </ul>
<ul style="list-style-type: none"> <li>7:30  Church Transportation</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga</li> <li>2:00  Bistro Social and Snack</li> <li>3:00  Ventura Jubilee Fellowship (Same Team - New Name)</li> <li>5:45  Sunday Night Cards</li> <li>6:00  "Classic Night" at the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:00  Dr. Transportation - Ventura (8-11am)</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga!</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>3:00  Bingo in the Afternoon!</li> <li>3:00  Bistro Social and Snack</li> <li>3:00  Music and Friendship with Paul!</li> <li>5:45  Cards with Friends</li> <li>6:00  Monday Night Movie</li> </ul>	<p><b>CYPRESS CASH STORE TODAY! Elder Buddies Visit</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:00  Banking Business</li> <li>9:30  Braille Institute Low Vision Consult</li> <li>9:30  Elder Buddies Visit</li> <li>10:00  Bible Study w/Chaplain Virgil</li> <li>10:30  We All Yell "Yahtzee!"</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>1:45  Wii Bowling</li> <li>2:15  Tunes &amp; Trivia w/ Mary Z. Wilson</li> <li>3:00  Tuesday Afternoon Poker!</li> <li>3:00  Warm Apple Pie Social</li> <li>3:30  Stretch and Strength with Mary Z Wilson!</li> <li>5:45  Cards with Friends</li> </ul>	<p><b>Exploring Community~Drive to Carpenteria MEdI-TECH WELLNESS CLINIC TODAY</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Yoga For Seniors</li> <li>9:30  Just Add Color.....</li> <li>10:00  Medi-Tech Wellness Clinic</li> <li>10:45  Bean Bag Toss!</li> <li>1:00  31 Card Game!</li> <li>1:00  Exploring Community~Drive to Carpenteria</li> <li>1:00  Exploring Community~Drive to Robitaille's Fine Candies in Carpenteria</li> <li>3:00  Bingo with Friends</li> <li>3:00  Shopping at Big Lots</li> <li>3:00  Veggies &amp; Dip Social</li> <li>5:45  Cards with Friends</li> <li>7:00  Jeopardy &amp; Wheel of Fortune Watchers</li> </ul>	<p><b>Retro 60's Valentines Party! Featuring Marion Calhoun</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Hair &amp; Nail Salon Open Today</li> <li>9:00  Morning Yoga!</li> <li>10:00  Cypress Bunco Group!</li> <li>10:15  Shopping at CVS</li> <li>1:00  Dr. Transportation - Oxnard (1:00-3:00)</li> <li>1:15  Wii Bowling</li> <li>4:30  Valentines Party--Doors Open 4:30p</li> <li>5:45  Spite &amp; Malice in the Library</li> </ul>	<p><b>Mound Elementary Sings!</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:00  Mound Elementary Sings!</li> <li>9:15  Catholic Communion</li> <li>10:30  <b>Wheel of Fortune with Grant!</b></li> <li>1:30  Poker with Friends</li> <li>3:00  Bistro Social and Snack</li> <li>3:00  Friday Bingo!</li> <li>5:45  Cards with Friends</li> <li>6:00  Friday Nite @ the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga For Seniors</li> <li>9:15  Yahtzee in the Library</li> <li>10:45  Bean Bag Toss</li> <li>3:00  Bingo with Hollie</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Saturday Night Cards!</li> </ul>
<p><b>Happy Birthday Victor G.</b></p> <ul style="list-style-type: none"> <li>7:30  Church Transportation</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga</li> <li>2:00  Bistro Social and Snack</li> <li>3:00  Ventura Jubilee Fellowship (Same Team - New Name)</li> <li>5:45  Sunday Night Cards</li> <li>6:00  "Classic Night" at the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:00  Dr. Transportation - Ventura (8-11am)</li> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga!</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>3:00  Bingo in the Afternoon!</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Cards with Friends</li> <li>6:00  Monday Night Movie</li> </ul>	<p><b>Elder Buddies Visit</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:00  Banking Business</li> <li>9:30  Elder Buddies</li> <li>10:00  Bible Study w/Chaplain Virgil</li> <li>10:30  We All Yell "Yahtzee!"</li> <li>1:00  Dr. Transportation - Ventura (1-3 pm)</li> <li>1:45  Wii Bowling</li> <li>2:15  Tunes &amp; Trivia w/ Mary Z. Wilson</li> <li>3:00  Tuesday Afternoon Poker!</li> <li>3:00  Warm Apple Pie Social</li> <li>3:30  Stretch and Strength with Mary Z Wilson!</li> <li>5:45  Crazy Eights Card Game</li> </ul>	<p><b>Exploring Community~Drive to Channel Islands Harbor</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Yoga For Seniors</li> <li>9:30  Just Add Color.....</li> <li>10:45  Bean Bag Toss!</li> <li>11:30  New Resident Luncheon</li> <li>1:00  31 Card Game!</li> <li>1:00  Exploring Community~Drive to Channel Islands Harbor</li> <li>3:00  Bingo with Friends</li> <li>3:00  Shopping at Marshall's &amp; See's Candies</li> <li>3:00  Veggies &amp; Dip Social</li> <li>5:45  Cards with Friends</li> <li>7:00  Jeopardy &amp; Wheel of Fortune Watchers</li> </ul>	<p><b>Happy Hour with the Ragtime Bros!</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Hair &amp; Nail Salon Open Today</li> <li>9:00  Morning Yoga!</li> <li>10:00  Cypress Bunco Group!</li> <li>10:15  Shopping at Target</li> <li>1:00  Dr. Transportation - Oxnard (1:00-3:00)</li> <li>1:15  Wii Bowling</li> <li>1:30  Music with Lori Sunshine</li> <li>2:30  Happy Hour &amp; Specialty Drink ~ the Ragtime Brothers perform!</li> <li>5:45  Cards with Friends</li> </ul>	<p><b>Whats cookin with Cat in the Kitchen</b></p> <ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Balance &amp; Strength Exercise</li> <li>9:15  Catholic Communion</li> <li>10:30  <b>Wheel of Fortune with Grant!</b></li> <li>1:00  Whats cookin with Cat in the Kitchen</li> <li>1:30  Poker with Friends</li> <li>3:00  Bistro Social and Snack</li> <li>3:00  Friday Bingo!</li> <li>5:45  Cards with Friends</li> <li>6:00  Friday Nite @ the Movies</li> </ul>	<ul style="list-style-type: none"> <li>8:15  Fitnessize</li> <li>9:00  Morning Yoga For Seniors</li> <li>9:15  Yahtzee in the Library</li> <li>10:45  Bean Bag Toss</li> <li>3:00  Bingo with Hollie</li> <li>3:00  Bistro Social and Snack</li> <li>5:45  Saturday Night Cards!</li> </ul>
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