

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 7:00 Sunday Night Classics:</p>	<p style="text-align: center;">EXPERTS IN SENIOR LIVING CYPRESS PLACE SENIOR LIVING</p>	<p>Be Adventurous Be Challenged Be Connected Be Family Be Inspired Be Social Be Well</p>		<p style="text-align: center; font-size: 2em;">Happy St. Patrick's Day</p>	<p>9:00 Double Six Dominoes With Wayne & Gene 1 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Gene! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour Resident's Gathering 6:30 Balance & Strength Exercise 7:00 Friday Movie Night: "A Star is Born"</p>	<p>9:00 3rd Floor Walk Around 2 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>3</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 7:00 Sunday Night Classics: "Casablanca"</p>	<p>4</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>5</p> <p>Elder Buddies Visit 9:00 Banking Business 9:30 Elder Buddies 10:00 Communion w/ Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Poker Group Deals! 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Scrabble with Friends</p>	<p>6</p> <p>Blood Pressure Health Check HAIR/NAIL SALON OPEN Somis Nut House Outing Today! 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 1:00 Exploring Community~Drive to Somis Nut House 1:00 St. Patty's Card Making 2:00 Blood Pressure Health Check 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Hallmark 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:</p>	<p>7</p> <p>10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 10:15 Shopping at Walmart and Trader Joe's! 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>8</p> <p>Lunch Outing to Garman's Restaurant & Irish Pub 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:30 Mr. Fitness Exercise 11:00 Lunch outing to Garman's Restaurant & Irish Pub 1:00 Bingo with Gene! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with April Davis 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>9</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 9:00 Computer Club 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>10</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 7:00 Sunday Night Classics:</p>	<p>11</p> <p>Leprechaun Ice Cream Float Social Today! 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 2:30 Leprechaun Ice Cream Floats! 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>12</p> <p>Elder Buddies Visit 9:00 Banking Business 9:30 Braille Institute Low Vision Consult 9:30 Elder Buddies 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Poker Group Deals! 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Scrabble with Friends</p>	<p>13</p> <p>HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 10:00 Medi-Tech Wellness Clinic 10:30 Balance & Strength Exercise 1:00 Exploring Community~Drive to Whole Foods 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Ventura Gateway Plaza 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn:</p>	<p>14</p> <p>Painting & Mimosas with Juliette! 10:00 Cypress Bunco Group! 10:15 Shopping at CVS 10:45 Painting & Mimosas 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>15</p> <p>"Somewhere over the Rainbow" Theme Dinner 9:00 Double Six Dominoes With Wayne & Gene 9:15 Catholic Communion 10:30 Osteo Stretch and Strength Exercise 11:15 March Birthday Luncheon 1:00 Bingo with Gene! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 4:30 Somewhere over the Rainbow Theme Dinner 6:00 Entertainment by David Gilchrist 7:00 Friday Movie Night</p>	<p>16</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>17</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 7:00 Sunday Night Classics:</p>	<p>18</p> <p>Make Your Own Trail Mix Today! 8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 2:30 Make your own Trail Mix 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>19</p> <p>Elder Buddies Visit Fashions 2U Boutique is coming today! 9:00 Banking Business 9:30 Elder Buddies 10:00 Bible Study w/Chaplain Virgil 10:2p Fashions 2U Boutique! 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Poker Group Deals! 6:00 Scrabble with Friends</p>	<p>20</p> <p>HAIR/NAIL SALON OPEN Sassafras Creek Band Performs! 9:00 Double Six Dominoes With Wayne & Gene 10:30 Balance & Strength Exercise 11:00 Sassafras Creek Band performs 1:00 Exploring Community~Drive to McConnell's Fine Ice Cream 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Big Lots 6:00 Scrabble with Friends 7:00 Mid-week Movie with Popcorn:</p>	<p>21</p> <p>Fireside Chat with Steve Spira Watercolor Artist, Rosemary Takeda Teaches Today! 9:30 Watercolor Class with Rosemary Takeda 10:00 Cypress Bunco Group! 10:15 Shopping at Target 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 3:30 Fireside Chat with Steve 6:30 Hand & Foot Game</p>	<p>22</p> <p>9:00 Double Six Dominoes With Wayne & Gene 22 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Gene! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with Carlo Fontaine 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>23</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>
<p>24</p> <p>7:30 Church Transportation 9:00 Coffee & Sunday Funnies 10:00 Play Scrabble with Friends 10:30 Mr. Fitness Exercise 1:00 Brain Games on Netflix 2:00 Fireside Social & Snacks 2:00 Let's Play Ping Pong! 3:00 Ventura Jubilee Fellowship (Same Team - New Name) 3:30 Wii Sports 6:00 Hand & Foot Game 7:00 Sunday Night Classics:</p>	<p>25</p> <p>8:00 Dr. Transportation - Ventura (8-11am) 9:00 Double Six Dominoes With Wayne & Gene 10:30 Cardio Chair Dance 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary Lincoln 3:15 Hand & Foot Game 6:30 Mexican Train Dominoes with Helen</p>	<p>26</p> <p>Elder Buddies Visit 9:00 Banking Business 9:30 Elder Buddies 10:00 Bible Study w/Chaplain Virgil 10:30 Mr. Fitness Exercise 1:00 Dr. Transportation - Ventura (1-3 pm) 1:30 Town Hall ALL Staff Meeting 1:30 it's BUNCO time! 2:00 Fireside Social & Snacks 2:30 Sing-along with Kay 3:00 Poker Group Deals! 3:30 Stretch and Strength with Mary Z Wilson! 6:00 Scrabble with Friends</p>	<p>27</p> <p>HAIR/NAIL SALON OPEN 9:00 Double Six Dominoes With Wayne & Gene 9:30 Acoustic Hearing 10:30 Balance & Strength Exercise 1:00 Exploring Community~ Scenic Drive to Ventura Pier 2:00 Fireside Social & Snacks 2:30 Bingo with Juliette 3:00 Shopping at Dollar Tree 6:00 Scrabble with Friends 6:00 Toastmaster's Org 7:00 Mid-week Movie with Popcorn:</p>	<p>28</p> <p>Supper Club Dinner Outing 10:00 Cypress Bunco Group! 10:00 Do It Yourself Painting & Projects 1:00 Dr. Transportation - Oxnard (1:00-3:00) 1:30 31 Card Game 2:00 Fireside Social & Snacks 2:00 Strength, Tone & Balance Exercise Class with Mary 2:30 A Day at the Opera 6:30 Hand & Foot Game</p>	<p>29</p> <p>9:00 Double Six Dominoes With Wayne & Gene 29 9:15 Catholic Communion 10:45 Live Exercise with Juliette 1:00 Bingo with Gene! 1:00 Bridge with Friends 2:30 Let's Play Ping Pong! 3:30 Happy Hour with Jerry Weisbecker 6:30 Balance & Strength Exercise 7:00 Friday Movie Night</p>	<p>30</p> <p>9:00 3rd Floor Walk Around 9:00 Coffee & Newspapers in Bistro 10:00 Play Cards with Friends 10:45 Osteo Stretch and Strength 1:00 Bingo with Hollie 2:00 Fireside Social & Snacks 5:30 Wii Game Party 7:00 Residents Choice Movie Night</p>

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