



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>March cont'd 31</p> <p>7:30 ★ Church Transportation 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga 2:00 ♡ Bistro Social and Snack 3:00 ★ Ventura Jubilee Fellowship (Same Team - New Name) 5:45 ♣ Sunday Night Cards 6:00 🎬 "Classic Night" at the Movies</p>	<p style="text-align: center;">EXPERTS IN SENIOR LIVING CYPRESS PLACE SENIOR LIVING</p>	<p>📷 Be Adventurous 🚩 Be Challenged 🗣️ Be Connected 👨‍👩‍👧 Be Family 🌟 Be Inspired 🦋 Be Social ♥️ Be Well</p>			<p style="text-align: right; font-size: 2em;">1</p> <p>Sing Along with Bill Carter</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:15 ★ Catholic Communion 10:00 ♥ Sing-a-Long with Bill Carter! 12:30 ♣ Wheel of Fortune with Grant! 1:30 ♣ Poker with Friends 3:00 ♡ Bistro Social and Snack 3:00 ♣ Friday Bingo! 5:45 ♡ Cards with Friends 6:00 🎬 Friday Nite @ the Movies- Fatherhood Dreams</p>	<p style="text-align: right; font-size: 2em;">2</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga For Seniors 9:15 ♣ Yahtzee in the Library 10:45 ♣ Bean Bag Toss 3:00 ♣ Bingo with Hollie 3:00 ♡ Bistro Social and Snack 5:45 🎬 Saturday Night Cards!</p>
<p>3</p> <p>7:30 ★ Church Transportation 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga 2:00 ♡ Bistro Social and Snack 3:00 ★ Ventura Jubilee Fellowship (Same Team - New Name) 5:45 ♣ Sunday Night Cards 6:00 🎬 "Classic Night" at the Movies</p>	<p style="text-align: right; font-size: 2em;">4</p> <p>Bingo and Doughnuts</p> <p>2:00 ♣ Wheel of Fortune 8:00 ♥ Dr. Transportation - Ventura (8-11am) 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga! 10:30 ♣ Monday Morning Bingo and Doughnuts! 11:30 ♣ Women's Club Bunco! 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 2:00 ♣ Wheel of Fortune 3:00 ♡ Bistro Social and Snack 5:45 ♡ Cards with Friends 6:00 🎬 Monday Night Movie</p>	<p style="text-align: right; font-size: 2em;">5</p> <p>Elder Buddies Visit</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:00 ♣ Banking Business 9:30 Elder Buddies 10:00 ★ Communion w/ Chaplain Virgil 10:30 ♣ We All Yell 'Yahtzee!' 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:30 ♣ Tuesday Afternoon Poker with Chris 2:15 ★ Tunes & Trivia w/ Mary Z. Wilson 3:00 ♡ Warm Apple Pie Social 3:30 ♣ Stretch and Strength with Mary Z Wilson! 5:45 ♥ Cards with Friends</p>	<p style="text-align: right; font-size: 2em;">6</p> <p>Somis Nut House Outing Today!</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Yoga For Seniors 9:30 ★ Just Add Color..... 10:45 ♣ Bean Bag Toss! 1:00 📺 Exploring Community~Drive to Somis Nut House 1:00 ♣ Paint by Vino 3:00 ♣ Bingo with Friends 3:00 ♡ Shopping at Hallmark 3:00 ♡ Veggies & Dip Social 5:45 ♡ Cards with Friends 7:00 🎬 Jeopardy & Wheel of Fortune Watchers</p>	<p style="text-align: right; font-size: 2em;">7</p> <p>Hair and Nail Salon Open Today!</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Hair & Nail Salon Open Today 9:00 ♥ Morning Yoga! 10:00 ♡ Cypress Bunco Group! 10:15 📺 Shopping at Walmart and Trader Joe's! 1:00 ♥ Dr. Transportation - Oxnard (1:00-3:00) 1:00 ♣ St. Patty's Day Card Making 2:30 Happy Hour & Specialty Drink ~ Paul Lendermann 5:45 ♡ Crazy Eights Card Game</p>	<p style="text-align: right; font-size: 2em;">8</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:15 ★ Catholic Communion 10:00 ♣ Music with The Dreamers! 10:30 ♣ Wheel of Fortune with Grant! 1:30 ♣ Poker with Friends 3:00 ♡ Bistro Social and Snack 3:00 ♣ Friday Bingo! 5:45 ♡ Cards with Friends 6:00 🎬 Friday Nite @ the Movies</p>	<p style="text-align: right; font-size: 2em;">9</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♣ Computer Club 9:00 ♥ Morning Yoga For Seniors 9:15 ♣ Yahtzee in the Library 10:45 ♣ Bean Bag Toss 3:00 ♣ Bingo with Hollie 3:00 ♡ Bistro Social and Snack 5:45 🎬 Saturday Night Cards!</p>
<p>10</p> <p>7:30 ★ Church Transportation 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga 2:00 ♡ Bistro Social and Snack 3:00 ★ Ventura Jubilee Fellowship (Same Team - New Name) 5:45 ♣ Sunday Night Cards 6:00 🎬 "Classic Night" at the Movies</p>	<p style="text-align: right; font-size: 2em;">11</p> <p>Bingo and Doughnuts</p> <p>8:00 ♥ Dr. Transportation - Ventura (8-11am) 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga! 10:30 ♣ Monday Morning Bingo and Doughnuts! 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:00 ♣ Wii Bowling 3:00 ♡ Bistro Social and Snack 3:00 ♣ Music and Friendship with Paul! 3:00 ♣ Sing Along with Paula Marie Jones 5:45 ♡ Cards with Friends 6:00 🎬 Monday Night Movie</p>	<p style="text-align: right; font-size: 2em;">12</p> <p>Elder Buddies Visit</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:00 ♣ Banking Business 9:30 ♣ Braille Institute Low Vision Consult 9:30 Elder Buddies 10:00 ★ Bible Study w/Chaplain Virgil 10:30 ♣ We All Yell 'Yahtzee!' 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:30 ♣ Tuesday Afternoon Poker with Chris 2:15 ★ Tunes & Trivia w/ Mary Z. Wilson 3:00 ♡ Warm Apple Pie Social 3:30 ♣ Stretch and Strength with Mary Z Wilson! 5:45 ♥ Cards with Friends</p>	<p style="text-align: right; font-size: 2em;">13</p> <p>MEDI-TECH WELLNESS CLINIC TODAY</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Yoga For Seniors 9:30 ★ Just Add Color..... 10:00 ♥ Medi-Tech Wellness Clinic 10:00 ♣ Music with Bill Carter 10:45 ♣ Bean Bag Toss! 1:00 📺 Exploring Community~Drive to Whole Foods 1:00 ♣ Yahtzee! 3:00 ♣ Bingo with Friends 3:00 ♡ Shopping at Ventura Gateway Plaza 3:00 ♡ Veggies & Dip Social 5:45 ♡ Cards with Friends 7:00 🎬 Jeopardy & Wheel of Fortune Watchers</p>	<p style="text-align: right; font-size: 2em;">14</p> <p>St. Patricks Day Party! Under the Rainbow</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Hair & Nail Salon Open Today 9:00 ♥ Morning Yoga! 10:00 ♡ Cypress Bunco Group! 10:15 📺 Shopping at CVS 1:00 ♥ Dr. Transportation - Oxnard (1:00-3:00) 4:30 ♡ St. Patrick's Day Dinner with entertainer David Gilchrist 5:45 ♥ Spite & Malice in the Library</p>	<p style="text-align: right; font-size: 2em;">15</p> <p>Miniature Therapy Horse Visits</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:15 ★ Catholic Communion 10:30 ♣ Wheel of Fortune with Grant! 12:30 Miniature Therapy Horse Visits 1:30 ♣ Poker with Friends 3:00 ♡ Bistro Social and Snack 3:00 ♣ Friday Bingo! 5:45 ♡ Cards with Friends 6:00 🎬 Friday Nite @ the Movies</p>	<p style="text-align: right; font-size: 2em;">16</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga For Seniors 9:15 ♣ Yahtzee in the Library 10:45 ♣ Bean Bag Toss 3:00 ♣ Bingo with Hollie 3:00 ♡ Bistro Social and Snack 5:45 🎬 Saturday Night Cards!</p>
<p>17</p> <p>7:30 ★ Church Transportation 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga 2:00 ♡ Bistro Social and Snack 3:00 ★ Ventura Jubilee Fellowship (Same Team - New Name) 5:45 ♣ Sunday Night Cards 6:00 🎬 "Classic Night" at the Movies</p>	<p style="text-align: right; font-size: 2em;">18</p> <p>Bingo and Doughnuts The Choraliers Sing!</p> <p>8:00 ♥ Dr. Transportation - Ventura (8-11am) 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga! 10:30 ♣ Monday Morning Bingo and Doughnuts! 12:45 ♣ The Choraliers Sing 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 3:00 ♡ Bistro Social and Snack 3:15 ♣ Wheel of Fortune 5:45 ♡ Cards with Friends 6:00 🎬 Monday Night Movie</p>	<p style="text-align: right; font-size: 2em;">19</p> <p>Elder Buddies Visit</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:00 ♣ Banking Business 9:30 Elder Buddies 10:00 ★ Bible Study w/Chaplain Virgil 10:30 ♣ We All Yell 'Yahtzee!' 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:30 ♣ Tuesday Afternoon Poker with Chris 1:45 ♣ Wii Bowling 3:00 ♡ Warm Apple Pie Social 5:45 ♥ Cards with Friends</p>	<p style="text-align: right; font-size: 2em;">20</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Yoga For Seniors 9:30 ★ Just Add Color..... 10:45 ♣ Bean Bag Toss! 1:00 📺 Exploring Community~Drive to McConnell's Fine Ice Cream 1:00 ♣ What's Cookin with Cat in the Kitchen 3:00 ♣ Bingo with Friends 3:00 ♡ Shopping at Big Lots 3:00 ♡ Veggies & Dip Social 5:45 ♡ Cards with Friends 7:00 🎬 Jeopardy & Wheel of Fortune Watchers</p>	<p style="text-align: right; font-size: 2em;">21</p> <p>Fireside Chat with Steve Spira Hair and Nail Salon Open Today!</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Hair & Nail Salon Open Today 9:00 ♥ Morning Yoga! 10:00 ♡ Cypress Bunco Group! 10:15 📺 Shopping at Target 1:00 ♥ Dr. Transportation - Oxnard (1:00-3:00) 1:30 ♣ Fireside Chat with Steve 2:30 ♣ Happy Hour & Specialty Drink ~ Mark Rosen Performs! 5:45 ♥ Spite & Malice in the Library</p>	<p style="text-align: right; font-size: 2em;">22</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:15 ★ Catholic Communion 10:30 ♣ Wheel of Fortune with Grant! 1:30 ♣ Poker with Friends 3:00 ♡ Bistro Social and Snack 3:00 ♣ Friday Bingo! 5:45 ♡ Cards with Friends 6:00 🎬 Friday Nite @ the Movies</p>	<p style="text-align: right; font-size: 2em;">23</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga For Seniors 9:15 ♣ Yahtzee in the Library 10:45 ♣ Bean Bag Toss 3:00 ♣ Bingo with Hollie 3:00 ♡ Bistro Social and Snack 5:45 🎬 Saturday Night Cards!</p>
<p>24</p> <p>7:30 ★ Church Transportation 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga 2:00 ♡ Bistro Social and Snack 3:00 ★ Ventura Jubilee Fellowship (Same Team - New Name) 5:45 ♣ Sunday Night Cards 6:00 🎬 "Classic Night" at the Movies</p>	<p style="text-align: right; font-size: 2em;">25</p> <p>Bingo and Doughnuts</p> <p>8:00 ♥ Dr. Transportation - Ventura (8-11am) 8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga! 10:30 ♣ Monday Morning Bingo and Doughnuts! 12:30 ♣ Visiting Bunco Buddies Group 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:00 ♣ Wii Bowling 3:00 ♡ Bistro Social and Snack 3:15 ♣ Wheel of Fortune 5:45 ♡ Cards with Friends 6:00 🎬 Monday Night Movie</p>	<p style="text-align: right; font-size: 2em;">26</p> <p>Elder Buddies Visit</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:00 ♣ Banking Business 9:30 Elder Buddies 10:00 ★ Bible Study w/Chaplain Virgil 10:30 ♣ We All Yell 'Yahtzee!' 1:00 ♥ Dr. Transportation - Ventura (1-3 pm) 1:30 ♣ Town Hall ALL Staff Meeting 1:30 ♣ Tuesday Afternoon Poker with Chris 2:15 ★ Tunes & Trivia w/ Mary Z. Wilson 3:00 ♡ Warm Apple Pie Social 3:30 ♣ Stretch and Strength with Mary Z Wilson! 5:45 ♥ Cards with Friends</p>	<p style="text-align: right; font-size: 2em;">27</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Yoga For Seniors 9:30 ♥ Acoustic Hearing 9:30 ★ Just Add Color..... 10:45 ♣ Bean Bag Toss! 1:00 📺 Exploring Community~ Scenic Drive to Ventura Pier 1:00 ♣ Yahtzee! 3:00 ♣ Bingo with Friends 3:00 ♡ Shopping at Dollar Tree 3:00 ♡ Veggies & Dip Social 5:45 ♡ Cards with Friends 7:00 🎬 Jeopardy & Wheel of Fortune Watchers</p>	<p style="text-align: right; font-size: 2em;">28</p> <p>Dottie's 100th Birthday Party at Happy Hour Hair and Nail Salon Open Today!</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Hair & Nail Salon Open Today 9:00 ♥ Morning Yoga! 10:00 ♡ Cypress Bunco Group! 1:00 ♥ Dr. Transportation - Oxnard (1:00-3:00) 2:30 ♣ Happy Hour & Specialty Drink ~ Gemini 10:15: Shopping at 99 Cent Store! 5:45 ♥ Spite & Malice in the Library</p>	<p style="text-align: right; font-size: 2em;">29</p> <p>Lunch Outing to Garmans Irish Pub</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Balance & Strength Exercise 9:15 ★ Catholic Communion 10:30 ♣ Wheel of Fortune with Grant! 1:30 ♣ Poker with Friends 3:00 ♡ Bistro Social and Snack 3:00 ♣ Friday Bingo! 5:45 ♡ Cards with Friends 6:00 🎬 Friday Nite @ the Movies</p>	<p style="text-align: right; font-size: 2em;">30</p> <p>8:15 ♥ Fitnessize~Stretch & Tone 9:00 ♥ Morning Yoga For Seniors 9:15 ♣ Yahtzee in the Library 10:45 ♣ Bean Bag Toss 3:00 ♣ Bingo with Hollie 3:00 ♡ Bistro Social and Snack 5:45 🎬 Saturday Night Cards!</p>